

TWO FOR ONE

Personal Training Special

Affordable
Personal Training!



A workout is always fun when you have a partner to encourage, motivate and inspire you to reach and exceed your goals. For a limited time only, we are offering

TWO FOR ONE Personal Training Packages

as follows:

Sessions	60 Minutes	60 Minute Group Sessions
6 Completed in 3 weeks	\$17.50 per person/session \$210 total package price	Having trouble getting started? This is a great way to get started and learn what to do and what not to do. The more you know proper form and techniques you increase your chances for success. Also, by working out with a friend the both of you can help keep one another on track and improve together while you are having fun.
12 Completed in 4-6 weeks	\$15.00 per person/session \$360 total package price	Not seeing results yet? Working out with a trainer for a few weeks will guarantee you see results. A trainer helps you ensure all your workouts are productive and successful. Once you know what to do and how to do it, half the battle is already won.